

Our 5K Race and Your Participation: How It Helps To Eliminate Childhood Hunger

Help Support A Cause That's 2nd 2 None . . .

The 2nd 2 None 5K Run & Walk, a collaborative effort between Aurora Area Interfaith Food Pantry and Communities In Schools, raises funds to support the unique ***Food for Thought Program***, which feeds children at risk of hunger over the summer. Adequate nutrition is extremely important to every school-aged child's ability to develop properly, stay healthy, and learn well in school.

In Aurora schools, 19,000 children are eligible for free and reduced-price lunch because their family income is inadequate to meet all of their basic needs, including their need for adequate nutrition. Families who struggle to put food on the table find it even more difficult during summer vacation, when children are out of school and school lunches are not available. Many of their children go hungry over the summer.

Hunger has devastating consequences for children who experience it. Children who do not have regular access to adequate food are more likely to be obese, have poor health, suffer more and longer illnesses, perform poorly in school, and exhibit behavioral problems.

Join us on race day or choose one of the other ways that you can support the ***Food for Thought Program***, and help put an end to childhood hunger.

- **Register at our race website:** www.2nd2None5K.com (register early for a discounted rate)
- **"Like Us"** on Facebook at [Like our Run](#)
- **Become a sponsor.** Contact Marilyn Weisner at 630-897-2127
- **Volunteer on race day.** Contact Denise Elsbree at 630-256-4506
- **Make a donation** to the ***Food For Thought Program***. Each \$10.00 donation provides food for one family, from two of the weekly Mobile pantries and helps ensure that the children do not go hungry during the summer break. Click [here](#) to make a donation.

For more information on childhood hunger, click on the links, below.

<http://www.strength.org>

<http://www.nokidhungry.org>

<http://www.readynation.org>

http://abcnews.go.com/US/hunger_at_home

Thank you for your support.

Sincerely,

Theresa Shoemaker
Executive Director
Communities In Schools

Marilyn Weisner
Executive Director
Aurora Area Interfaith Food Pantry

